



New Client Information

Name _____ Birthday _____ Email _____

Address _____

City _____ State _____ Zip _____

Home # _____ Work # _____ Cell # _____

Informed Consent and Hold Harmless Agreement for Spa Services and/or Tanning Services.

Welcome to Southern Tans. Before you use our facility we would like to be sure that you understand the risks and Responsibilities associated with the use of our services. Please take the time to carefully review the information below before agreeing to the terms of our services.

PLEASE ANSWER THESE QUESTIONS:

- Have you ever tanned outdoors?..... YES _____ NO _____
- Do you tan easily?..... YES _____ NO _____
- Do you sunburn easily?..... YES _____ NO _____
- Have you tanned in the past 30 days? YES _____ NO _____
- Are you currently pregnant? YES _____ NO _____
- Are you currently taking medication that is photosensitizing? YES _____ NO _____
- Have you ever developed a rash, blister, an allergic reaction or sun poisoning from tanning? YES _____ NO _____
- Are you being treated for a condition where UV light or excessive heat may pose a problem? YES _____ NO _____

PLEASE READ THE GOVERNMENT WARNING STATEMENT AND READ AND INITIAL THE FOLLOWING:

DANGER: Ultraviolet radiation. (1) Follow instructions. (2) Avoid overexposure. (3) As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. (4) Repeated exposure may cause premature aging of the skin and skin cancer. (5) Wear protective eyewear. Failure to do so may result in severe burns or long-term injury to the eyes. (6) Medications or cosmetics may increase your sensitivity to the ultraviolet radiation. Consult physician before using a sunlamp if you are using medications of have a history of skin problems or believe yourself especially sensitive to sunlight. (7) If you do not tan in the sun, you are unlikely to tan from use of this product (equipment). (8) We recommend that you only tan one (1) time in a 24-hour period.

- _____ I have read and understand the warning statements above about the potential risk of sunbed usage.
- _____ I have been shown how to use the tanning equipment properly and will follow directions.
- _____ I have been shown how to use government-approved protective eyewear and will wear it every session.
- _____ I have been advised that certain foods, medications or cosmetics may increase my sensitivity to UV light.
- _____ I will advise a salon operator of any change in medications or any new use of medications.
- _____ I understand that I should not tan outdoors or in another sunbed on days I am tanning in this salon.
- _____ I have been advised to consult a physician if I have a history of skin problems or sensitivity to sunlight.
- _____ I understand that tanning is a process and multiple visits may be necessary before results begin to show.
- _____ I will advise a salon operator of any burn, rash or injury that I believe to be a result from using the tanning equipment.
- _____ I have completed the skin type form and given it to a staff member who discussed my tanning results with me.

LUMIERE PHOTOTHERAPY

- Lumiere: Follow instructions that are provided to you by the staff members. It is recommended that Luminous Facial sessions be limited to one 20-minute session per 24-hour period.
- Lumiere Photoceuticals: as with all topically applied skin care products, use caution when applying products in the eye area.
- Not intended for children, pregnant women or individuals with light sensitive conditions.
- The frequency of light wave emitted by the Lumiere is within the visible light spectrum and poses no threat of retinal burn or any other eye injury; however, it is recommended to use eyewear due to the brightness of the light. Some clients who are extremely sensitive to light may experience slight discomfort or a temporary mild headache.
- Certain medications and substances can cause an adverse reaction in the skin when exposed to light.

HYDRATION STATION

- Hydration Station: Follow instructions that are provided to you by the staff members.
- It is recommended that the Hydration Station sessions be limited to one session per 24-hour period.
- Water Intake: clients are advised to drink 16oz of water both immediately before and after each Hydration Station session to prevent dehydration and enhance skin results.
- Not intended for children, pregnant or nursing women or individuals with heat sensitive conditions.
- Conditions requiring a physician’s authorization: Heart or respiratory problems, high blood pressure, kidney disorders, nervous conditions, epilepsy, open lesions, and skin pustules or cysts.
- Observe and obey the precautions and warnings on the hydration station, some surfaces are hot and will cause burns with prolonged contact.

DHA SUNLESS APPLICATION

DHA is listed in the Food and Drug and Cosmetic Act as a color additive for use in imparting color to the human body. Its use in cosmetics including sunless “tanning” application is restricted to external application. This means external parts of the body only, not to include the lips or any body surface covered by a mucous membrane. The FDA recommends that users take measures to protect exposure to eyes, lips, and mucous membrane areas, and prevent inhalation. We recommend avoiding exposure to these areas by using goggles, lip balm, and a nose plug.

I have read the contents of this consent and hold harmless form and state that I am not aware of any medical condition or other reason that would prohibit me from utilizing these services. If I become aware of such a condition, I will notify a representative from Southern Tans. I understand I will not be permitted to exceed the maximum allowable times for these services. I have been given adequate instructions for use of this equipment and understand the risks involved. I hereby agree to release owners, operators, and manufacturers from any damages or harm that I might incur due to the use of this facility.

MASSAGE

Massage brings balance and healing to the body by restoring the physical body while connecting the consciousness of the mind to the healing process. Massage uses touch to manipulate the soft-tissues of the body. Touch therapy helps relieve pain, rehabilitate injuries, improve circulation, relieve stress, increase relaxation and aid in general wellness of the individual.

Monday through Friday – by appointment only)

I wish to participate in the Southern Tans Loyalty program. _____ (Initials)

I agree to receive text messages from Southern Tans regarding specials, etc. _____ (initials)

Note: To opt out, please tell a Southern Tans staff person or block the number.

By my signature affixed herein, I affirm that I have read and agree to each of the statements listed above.

Client’s Printed Name

Signature

Date